



A poison is any substance that may cause harm when you eat it, breathe it in or it comes into contact with your skin or eyes.



Crawling babies and toddlers tend to put everything into their mouths so they are at particular risk. Follow these few safety precautions and help keep your child safe. Know what to do if your child gets hold of something they shouldn't have.

**Your child has been in contact with something in the home. What should you do?**

Stay calm.

Take the product away from your child.

Encourage your child to spit out any substance remaining in their mouth (do not perform a blind finger sweep) and check there is no local damage.

**NEVER try to make your child vomit or give ANYTHING to make your child sick.**

If a substance has been splashed in your child's eyes, wash their eyes thoroughly with tap water immediately. Do the same for skin with soap and water.

**Phone your GP or NHS 111 or NHS24 (111) / NHS Direct (0845 46 47) if you are in any doubt or your child is unwell.**

GP Tel:

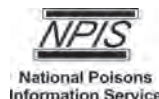
If advised to seek medical attention, remember to take the product container and remaining contents/blister packs with you.

**Phone 999 if your child is unconscious or having a fit or has taken methadone, morphine or a recreational drug (e.g. ecstasy, heroin, 'legal' high).**

**REMEMBER THAT MOST CHILDREN DON'T COME TO SERIOUS HARM FROM ACCIDENTALLY EATING SOMETHING THEY SHOULDN'T HAVE.**

Produced by NPIS Edinburgh

Acknowledgements: RoSPA, Health Scotland, The Scottish Government



Useful websites

[www.nhs24.com](http://www.nhs24.com)

[www.nhsdirect.wales.nhs.uk](http://www.nhsdirect.wales.nhs.uk)

[www.rospa.com](http://www.rospa.com)

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# Keep your child safe in the home

## A guide to preventing poisoning

